

# 5 Affirmations of Success



- Have no limits
- These Conditions are Perfect for me
- I've done the work and I believe in my ability
  - Nothing can affect me
  - YOU have ME to worry about

## Extra Curricular Activities

Participation in extracurricular activities provides students with the opportunity To develop to their full potential in their relationship with others. Society places a premium on workers with interpersonal skills and problem solving ability.

Positive interaction develops personal characteristics that may be utilized later in life.

- ☺ **Teamwork** - The ability to work with others is extremely important
- ☺ **Commitment** - Students must be positive role models and make a sacrifices for the benefit of all participants
  - ☺ **Work Ethic** - Success can only be attained through hard, smart work
  - ☺ **Pride in Performance** - A feeling of accomplishment is realized through positive effort
- ☺ **Friendships** - Lifetime relationships are developed through participation in activities
  - ☺ **Achievement** - Students represent their community, school, and family.
- ☺ **Enthusiasm** - In order to be successful, both leadership and life must be approached with enthusiasm
  - ☺ **Persistence** - One learns to et up and go again after suffering a setback
  - ☺ **Confidence** - Self-esteem is enhanced through a series of achievements
  - ☺ **Have Fun!** - Participation is fun and the quality of life is enhanced
  - ☺ **Identity** The team provides participants with a sense of belonging
    - ☺ **Courage** - Performance under pressure helps conquer fear
  - ☺ **Challenges** - Participants learn how to overcome obstacles to success
  - ☺ **Better Grades** - Numerous studied indicate students who participate in high school activities perform better in the classroom.
  - ☺ **Responsibility** - Activities hold individuals accountable for their actions
- ☺ **Success in Life** - According to the American College Testing Service, participation in High School activities is the major indicator of success in life.